

LYNNWOOD MENU



LYNNWOOD

18415 33rd Ave. W Suite G

425-245-7551

MediterraneanKitchens.Net

HOURS: 11:00AM - 8:00PM - MON-THURS

11:00AM - 9:00PM - FRI-SAT

12:00PM - 7:00PM - SUN

PLATES

**SERVED WITH RICE,
VEGETARIAN SOUP & PITA**

CHICKEN SHAWARMA

\$10.95

Marinated strips of chicken grilled with vegetables and topped with garlic sauce

SHISH TAWOOK

\$10.95

Marinated chicken tenderloin strips, charbroiled to perfection and served with special sauce.

DAJAJ MISHWI

\$9.75

Boneless, skinless chicken thighs marinated in seven spices, charbroiled topped with garlic sauce

BEEF SHAWARMA

\$12.95

Beef top sirloin strips marinated in garlic, red wine vinegar and seven spices, cooked with vegetables and topped with tahini

KAFTA KABOB

\$10.95

Two sizzling skewers of extra lean ground beef minced with onions, parsley & spices, served with grilled onions, tomatoes, and garlic sauce.

GYRO

\$10.95

Gyro mean cooked with vegetables topped with our signature homeade yogurt sauce

LAMB SHISH KABOB

\$14.95

Marinated lamb tenderloin charbroiled to perfection served with grilled onions and tomatoes

LAMB SHAWARMA

\$13.95

Lamb tenderloin strips marinated with an assortment of Mediterranean spices, cooked with vegetables and topped with tahini sauce

COMBINATION KABOB

\$13.50

Lamb kabob, Kafta kabob, and Shish Tawook served with grilled onions and tomatoes.

FARMERS DISH

\$12.95

(Prepared my Grandfather's way) Chicken wings marinated for 24 hours in a hint of garlic, lemon, and a house mixture of herbs and spices, slowly charbroiled, served with special garlic sauce *(Allow 20 minutes cooking time)*

ALGERIAN CHICKEN

\$10.95

Charbroiled, boneless, skinless chicken breast. Marinated in cummin, corriander and tumeric topped off with our homemade garlic sauce. Garnished with fresh basil, oregano, and sumac

VEGETARIAN PLATES

GRAPE LEAVES

\$9.75

Fresh Grape leaves stuffed with rice, onions, & parsley, baked with delicious Mediterranean spices

SPANAKOPITA

\$9.75

Filo stuffed with spinach & Valbreso French Feta, topped with garlic sauce & fresh basil.

VEGY SHAWARMA

\$9.50

Assortment of fresh vegetables marinated & grilled to perfection topped with garlic sauce.

VEGETARIAN COMBO

\$10.95

You can have it all! Falafel, grape leaves and spanakoptia

APPETIZERS-Served with pita

HUMMUS

\$6.25

Mashed garbanzo beans with spices & tahini sauce

KIBBY

\$8.95

Famous Lebanese delicacy. Extra lean ground lamb, bulgur, olive oil and mint stuffed with lamb, onions & pine nuts. Served on our homemade drained yogurt

BABA KANOIJ

\$6.25

Smoked eggplant mixed with spices and sesame oil

ZAHARA

\$7.95

Cauliflower, deep-fried with our delicious homemade tahini sauce, garnished with sumac

LEBANESE LABINE

\$6.25

Dried delicious homemade yogurt with extra virgin olive oil, Kalamata olives, & fresh crushed mint.

MK FRIES

\$6.95

Freshly cut, topped with garlic, sumac, feta & ketchup.

HALF ORDER MK FRIES

\$4.95

MEZZA TRAY

\$12.95

An assortment of delicious middle eastern appetizers. Hummus, baba kanouj, labnie & zahra.

SOUP OF THE DAY

\$5.50

(Vegetarian) All of our soups are homemade with natural ingredients and the freshest herbs and spices

SALADS & PITA WRAPS

SALADS

SERVED WITH SOUP AND PITA

MK SALAD

\$9.95

Romaine lettuce, cucumbers, tomatoes, French feta, jumbo Greek olives, pickled turnips, and our famous homemade garlic-vinaigrette dressing.

CHICKEN SALAD

\$10.95

Marinated chicken served on MK salad

GYRO SALAD

\$10.95

Sliced GYRO meat served on a MK salad topped with our homemade yogurt dressing.

TABOULY

\$8.95

(Traditional Lebanese Salad) Chopped parsley, onions and tomatoes tossed with extra virgin olive oil, lemon juice, and wheat bulgur

FALAFEL

\$9.75

Ground fava and garbanzo beans mixed with parsley, onions, garlic and spices, deep-fried served on a bed of lettuce with cucumbers and tomatoes topped with tahini sauce and pickled turnips.

PITA WRAPS

CHICKEN SHAWARMA

\$6.95

SHISH TAWOOK

\$6.95

BEEF SHAWARMA

\$7.95

KAFTA KABOB

\$7.25

GYROS

\$6.50

LAMB SHISH KABOB

\$8.95

LAMB SHAWARMA

\$7.95

DAJAJ WTOUM

\$7.50

Traditionally marinated chicken with garlic paste, fries, and pickles

VEGETARIAN PITA WRAPS

VEGY SHAWARMA

\$6.50

FALAFEL

\$6.95

HUMMUS

\$5.50

BABA KANOUJ

\$5.50

LABNIE

\$5.50

SIDES - No pita

BOTTLE OF DRESSING

\$6.95

BOTTLE OF OUR FAMOUS GARLIC SAUCE

\$7.25

SIDE SAUCES

\$.75

SIDE HUMMUS

\$1.95

PITA

\$0.50

SIDE BABA KANOUI

\$1.95

SIDE OF PICKLED TURNIPS

\$1.95

SMALL SOUP

\$1.95

SMALL SALAD

\$2.95

BEVERAGES

SODA CAN

\$1.50

ICED MINT TEA/JUICE

\$2.50

BAKLAWA

\$1.75