

# LYNNWOOD MENU



## LYNNWOOD

18415 33rd Ave. W Suite G

425-245-7551

MediterraneanKitchens.Net

**HOURS: 11:00AM - 8:00PM - MON-THURS**

**11:00AM - 9:00PM - FRI-SAT**

**12:00PM - 7:00PM - SUN**

### PLATES

**SERVED WITH RICE,  
VEGETARIAN SOUP & PITA**

#### **CHICKEN SHAWARMA**

**\$10.95**

Marinated strips of chicken grilled with vegetables and topped with garlic sauce

#### **SHISH TAWOOK**

**\$10.95**

Marinated chicken tenderloin strips, charbroiled to perfection and served with special sauce.

#### **DAJAJ MISHWI**

**\$9.75**

Boneless, skinless chicken thighs marinated in seven spices, charbroiled topped with garlic sauce

#### **BEEF SHAWARMA**

**\$12.95**

Beef top sirloin strips marinated in garlic, red wine vinegar and seven spices, cooked with vegetables and topped with tahini

#### **KAFTA KABOB**

**\$10.95**

Two sizzling skewers of extra lean ground beef minced with onions, parsley & spices, served with grilled onions, tomatoes, and garlic sauce.

## **GYRO**

**\$10.95**

Gyro mean cooked with vegetables topped with our signature homeade yogurt sauce

## **LAMB SHISH KABOB**

**\$14.95**

Marinated lamb tenderloin charbroiled to perfection served with grilled onions and tomatoes

## **LAMB SHAWARMA**

**\$13.95**

Lamb tenderloin strips marinated with an assortment of Mediterranean spices, cooked with vegetables and topped with tahini sauce

## **COMBINATION KABOB**

**\$13.50**

Lamb kabob, Kafta kabob, and Shish Tawook served with grilled onions and tomatoes.

## **FARMERS DISH**

**\$12.95**

*(Prepared my Grandfather's way)* Chicken wings marinated for 24 hours in a hint of garlic, lemon, and a house mixture of herbs and spices, slowly charbroiled, served with special garlic sauce *(Allow 20 minutes cooking time)*

## **ALGERIAN CHICKEN**

**\$10.95**

Charbroiled, boneless, skinless chicken breast. Marinated in cummin, corriander and tumeric topped off with our homemade garlic sauce. Garnished with fresh basil, oregano, and sumac

# **VEGETARIAN PLATES**

## **GRAPE LEAVES**

**\$9.75**

Fresh Grape leaves stuffed with rice, onions, & parsley, baked with delicious Mediterranean spices

## **SPANAKOPITA**

**\$9.75**

Filo stuffed with spinach & Valbreso French Feta, topped with garlic sauce & fresh basil.

## **VEGY SHAWARMA**

**\$9.50**

Assortment of fresh vegetables marinated & grilled to perfection topped with garlic sauce.

## **VEGETARIAN COMBO**

**\$10.95**

You can have it all! Falafel, grape leaves and spanakoptia

# **APPETIZERS-Served with pita**

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## **HUMMUS**

**\$6.25**

Mashed garbanzo beans with spices & tahini sauce

## **KIBBY**

**\$8.95**

Famous Lebanese delicacy. Extra lean ground lamb, bulgur, olive oil and mint stuffed with lamb, onions & pine nuts. Served on our homemade drained yogurt

## **BABA KANOIJ**

**\$6.25**

Smoked eggplant mixed with spices and sesame oil

## **ZAHARA**

**\$7.95**

Cauliflower, deep-fried with our delicious homemade tahini sauce, garnished with sumac

## **LEBANESE LABINE**

**\$6.25**

Dried delicious homemade yogurt with extra virgin olive oil, Kalamata olives, & fresh crushed mint.

## **MK FRIES**

**\$6.95**

Freshly cut, topped with garlic, sumac, feta & ketchup.

## **HALF ORDER MK FRIES**

**\$4.95**

## **MEZZA TRAY**

**\$12.95**

An assortment of delicious middle eastern appetizers. Hummus, baba kanouj, labnie & zahra.

## **SOUP OF THE DAY**

\$5.50

(Vegetarian) All of our soups are homemade with natural ingredients and the freshest herbs and spices

## SALADS & PITA WRAPS

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### SALADS

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**SERVED WITH SOUP AND PITA**

#### **MK SALAD**

\$9.95

Romaine lettuce, cucumbers, tomatoes, French feta, jumbo Greek olives, pickled turnips, and our famous homemade garlic-vinaigrette dressing.

#### **CHICKEN SALAD**

\$10.95

Marinated chicken served on MK salad

#### **GYRO SALAD**

\$10.95

Sliced GYRO meat served on a MK salad topped with our homemade yogurt dressing.

#### **TABOULY**

\$8.95

*(Traditional Lebanese Salad)* Chopped parsley, onions and tomatoes tossed with extra virgin olive oil, lemon juice, and wheat bulgur

#### **FALAFEL**

\$9.75

Ground fava and garbanzo beans mixed with parsley, onions, garlic and spices, deep-fried served on a bed of lettuce with cucumbers and tomatoes topped with tahini sauce and pickled turnips.

## PITA WRAPS

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#### **CHICKEN SHAWARMA**

\$6.95

#### **SHISH TAWOOK**

\$6.95

#### **BEEF SHAWARMA**

\$7.95

#### **KAFTA KABOB**

\$7.25

**GYROS**

\$6.50

**LAMB SHISH KABOB**

\$8.95

**LAMB SHAWARMA**

\$7.95

**DAJAJ WTOUM**

\$7.50

Traditionally marinated chicken with garlic paste, fries, and pickles

**VEGETARIAN PITA WRAPS**

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**VEGY SHAWARMA**

\$6.50

**FALAFEL**

\$6.95

**HUMMUS**

\$5.50

**BABA KANOUI**

\$5.50

**LABNIE**

\$5.50

**SIDES - No pita**

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**BOTTLE OF DRESSING**

\$6.95

**BOTTLE OF OUR FAMOUS GARLIC SAUCE**

\$7.25

**SIDE SAUCES**

\$.75

**SIDE HUMMUS**

\$1.95

**PITA**

\$0.50

**SIDE BABA KANOUI**

\$1.95

**SIDE OF PICKLED TURNIPS**

\$1.95

**SMALL SOUP**

\$1.95

**SMALL SALAD**

\$2.95

**BEVERAGES**

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**SODA CAN**

\$1.50

**ICED MINT TEA/JUICE**

\$2.50

**BAKLAWA**

\$1.75